



FOR PARENTS	FOR TEACHERS	FOR STUDENTS	FOR ALL	PSA'S
<p>10 SCHOOL PLANNING TIPS When Your Child Has Food Allergies</p>  <p>Asthma-Friendly Home Checklist</p> <p>Asthma-Friendly Home Checklist - Espanol</p> <p>Climate Change & Allergies - certified products</p> <p>Idling! What's the problem? - From Sustainable Jersey for Schools</p> <p>Recipes for those with allergies</p> <p>Training for Caregivers / Babysitters / Childcare</p> <p>Food Allergy Recalls</p> <p>Link to information on epinephrine from Food Allergy Research & Education (FARE)</p>	<p>How to make a Teal Classroom with classroom activities about food allergies awareness</p>  <p>Asthma Facts & Figures - What is asthma?</p> <p>Allergies Facts & Figures - What is an allergy?</p> <p>Types of Allergies</p> <p>5 Teacher Checks to Minimize Stress</p> <p>Allergy Friendly Foods</p>	<p>Ally & Andy's Awesome Asthma and Allergy activities & coloring book</p>  <p>Download and Print these "Breatherville" activity sheets!</p> <p>Activity Sheet #1</p> <p>Activity Sheet #2</p> <p>Activity Sheet #3</p> <p>Activity Sheet #4</p> <p>Activity Sheet #5</p> <p>Activity Sheet #6</p> <p>Allergy Friendly Arts & Crafts</p> <p>Allergy Friendly Candy Guide</p>	<p>Belly Breathing Dr. Redmond</p> <p>5 Fears of Kids with Food Allergies</p> <p>Improve Your Indoor Environment for A HEALTHIER HOME</p> <p>Good Morning America interview - Allergy Awareness</p> <p>Traveling with Asthma and Allergies</p> <p>Take a listen The Class That Can written by JJ Vulopas & Riya Jain, read by Elise</p> <p>The Class That Can - Part 1</p> <p>The Class That Can - Part 2</p> <p>The Class That Can - Part 3</p> <p>The Class That Can - Part 4</p> <p>The Class That Can - Part 5</p> <p>Check out these Safe Eats Recipes</p> <p>Podcast - Don't let asthma keep you out of the game</p> <p>Be on the lookout for Seasonal Allergy Information!</p>	<ol style="list-style-type: none"> Hey, kids...Don't share food, forks, knives, spoons, straws, napkins, or plates with friends who have food allergies. Help each other to be safe and healthy Hey, kids...Always remember to wash your hands after eating Hey, kids...Food allergies are very serious. Get help right away, if a friend who has food allergies gets sick Hey, kids...Respect your friend's allergy. Be a good friend Milk, egg, peanut, tree nuts, wheat, sesame, soy, fish & shellfish cause the most food allergy reactions

FACTS

- Food allergy is NOT a food intolerance.
- Food allergies involve the immune system (IgE) & can be life-threatening.
- 8 foods account for 90% of all FoodAllergy reactions: Peanut, Tree Nut, Egg, Soy, Dairy, Wheat, Fish, and Shellfish. However, almost any food can cause a reaction. To learn more about the #TOP8, visit #FAACT: **Twitter:** Read #labels each and every time before eating any food product. Ingredients & manufacturing can change! #FAAW #FAACT www.FoodAllergyAwareness.org
- Read #labels each and every time before eating any food product! #Ingredients and/or #manufacturing can change over time, or may vary depending upon the size of the product (e.g. jumbo vs snack size). Visit #FAACT for more information on food labels: www.FoodAllergyAwareness.org/foodallergy/food_labeling-10/food_labels-50
- Hand sanitizing gel is NOT sufficient to remove allergens. Use warm/hot soapy water or a commercial "tidy" wipe.
- Anaphylaxis is a serious allergic reaction that comes on quickly and has the potential to become life-threatening! Anaphylaxis includes a wide range of signs and symptoms that can occur alone, or in combination, after exposure to an allergen. Visit #FAACT to learn more: <https://www.FoodAllergyAwareness.org/foodallergy/anaphylaxis-2/anaphylaxis-2/> #FAAW #KnowTheFAACTs #ShareTheFAACTs #FoodAllergy #FoodAllergies #Anaphylaxis
- The first-line treatment for anaphylaxis is epinephrine. It is available by prescription in an auto-injector. It works immediately to reverse life-threatening anaphylaxis.

Source: <https://www.foodallergyawareness.org/education/food-allergy-awareness-initiatives/food-allergy-awareness-week-month/>